

Dr RAUL ORTIZ, DMD
SRQ ENDODONTICS

1515 S. Osprey Ave., A-2, Sarasota, FL 34239
(941) 366-0474 - frontdesk@srqendo.com

FOLLOWING ROOT CANAL TREATMENT

Root Canal treatment has been started on your tooth today. Because of the original condition of the tooth and the manipulation from today's procedure, the tooth and the surrounding gum area may be tender for a few days and is no cause for alarm. Nature must now have time to repair the damage that the original infection produced. For proper healing and relief of symptoms we may suggest ONE OR MORE of the following:

1. **PAIN MEDICATION and ANTI INFLAMMATORY** (take for 3 days)
Take 2- 200 mg of **Ibuprofen:** (e.g. Advil, Motrin) and 2- 500 mg of **Acetaminophen:** (Tylenol is not an anti-inflammatory drug) every 6 hours.
 - **Anti-inflammatory** pain medication: prevents and reduces inflammation and pain from the teeth and surrounding tissues.
 - If you take anti-coagulants (aspirin, Coumadin), **DO NOT** use Ibuprofen
 - Use Acetaminophen to replace Motrin if unable to take Anti-inflammatories
2. **Narcotic Pain Medication:** Relieves pain, and may cause drowsiness. Avoid alcohol beverages and avoid driving. Take medication 2 hours after anti-inflammatory medication (e.g. Ibuprofen) or as directed. Anti-inflammatory medication supplements the effectiveness of narcotics.
3. **Antibiotics:** If antibiotics are prescribed, take as directed. They will help the body eliminate infection. The entire prescription should be taken to fight resistant microbes. Antibiotics may decrease the effectiveness of birth control pills.
4. Do not eat until all anesthetic has completely worn off to prevent accidental biting of cheek or tongue. This may take several hours. Avoid chewing with the affected tooth until it is comfortable. Discomfort following treatment in no way affects the successful outcome of treatment.
5. Brush teeth as usual to keep the area clean.
6. **WHEN YOUR ROOT CANAL IS COMPLETED, THE TOOTH WITH A TEMPORARY FILLING COULD POSSIBLY FRACTURE. WAIT 5 TO 7 DAYS TO CALL YOUR DENTIST FOR AN APPOINTMENT FOR A FILLING OR CROWN.**

If the tooth becomes very uncomfortable after taking your pain medication, if swelling develops, or if you have any concerns, please call Dr. Ortiz

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